

Developing skills, ideas, futures

Question	Response		
What type of	Health centres are the foundation of the primary healthcare system,		
healthcare services are	providing essential preventive and curative services:		
provided? (e.g.,	Maternal, Newborn, and Child Health Services: This is a major focus, and		
general practice,	includes:		
dental, surgical,	o Antenatal care (ANC).		
diagnostic imaging,	o Postnatal care (PNC) for mothers and newborns.		
inpatient care)	o Skilled birth attendance (though home births are still common, the		
	government promotes facility deliveries).		
	o Well-child visits and growth monitoring.		
	o Childhood vaccinations/immunizations.		
	o Family planning services.		
	Communicable Disease Control: Services related to:		
	o Diagnosis and treatment of common infectious diseases (e.g.,		
	malaria, tuberculosis, dengue).		
	o HIV/AIDS prevention and care.		
	• Non-Communicable Disease (NCD) Management: While often managed		
	at higher levels, health centers may be involved in:		
	o Screening and basic management of common NCDs like diabetes and		
	hypertension.		
	o Health education and promotion for NCD prevention.		
	General Medical Consultation:		
	<ul> <li>Diagnosis and treatment of common illnesses and injuries (adult and pediatric)</li> </ul>		
	o Wound care and basic surgical procedures (e.g., wound suturing and		
	Health Education and Promotion: Promoting healthy hebayiors and		
	• <b>Realth Education and Fromotion.</b> Fromoting healthy behaviors and preventing diseases within communities		
	Basic Diagnostic Services: This typically includes blood tests		
	<ul> <li>Issuance of Medical Reports or Certificates.</li> </ul>		
	<ul> <li>Pharmacy Services: Dispensing essential medicines.</li> </ul>		
Can the water	Yes, absolutely!		
collection from			
different facility areas	Separating water collection from different facility areas to produce different		
be separated to	grades of wastewater for targeted treatment is not only possible but highly		
produce different	recommended, and a standard practice for healthcare facilities. This		
grades of wastewater	approach, known as wastewater segregation at the source, offers significant		
<ul> <li>– so that water with</li> </ul>	and nublic health		
pathogens and medical			
waste can be dealt			
with appropriately,			
and water from			
kitchens and other			
areas with no special			





treatment	
requirements be	
diverted to a more	
simple treatment	
system?	
Are there any specialized departments? (e.g., laboratories, dialysis units, operating theatres)	Yes, the Cambodian Ministry of Health (MoH) has several specialized departments:
	Centre, which focuses on drug quality control and analyzes samples from poisoning outbreaks.
	<ul> <li>Dialysis Units: The MoH supports hemodialysis services, with centers like the Hemodialysis Center in Phnom Penh offering care for kidney problems and performing dialysis.</li> </ul>
	<ul> <li>Operating Theaters: While not explicitly listed as a separate department, operating theaters are a vital part of the services provided by MoH- affiliated hospitals and facilities.</li> </ul>
	The Institute Pasteur du Cambodge, though not part of the government system but widely recognized as a central lab for Cambodia. It supports the health sector by testing a wide range of samples – biological, water, and food. Their work is especially relevant for wastewater and effluent quality, as it can test for pathogens, chemical contamination, and antimicrobial resistance. This makes it valuable resources for public health monitoring and for any projects needing lab support for water or environmental testing.
What kind of waters	Both toilets and sinks contribute to the wastewater flow.
do they contribute to the wastewater?	• Health care facilities had a squat <b>flush toilet</b> , indicating that toilet water is a significant part of the wastewater stream.
Toilets or just sinks?	• <b>Sinks</b> are essential for handwashing, cleaning equipment, and other hygiene practices, contributing to the overall wastewater volume.
	<ul> <li>Many facilities also have secondary water sources like rainwater collection or tube wells, which contribute to the total water usage and thus the wastewater.</li> </ul>
	• Water used for various purposes, such as food preparation, laundry, and gardening, can also contribute to wastewater flow, although this may be less significant in health centers compared to residential areas, according to National Guidelines for WAter, sanitation and hygiene in health.
	• Delivery and minor surgical room, wastewater from these areas may contain blood, amniotic fluid, and other body fluids released during childbirth, as well from minor surgical or wound care procedures. This type of waste can carry a high microbial load and potential pathogens, making proper containment and treatment essential to prevent environmental contamination and health risks.
How much wastewater needs to be treated in a time period?	Cambodian health centers are mandated by the Ministry of Environment to treat their wastewater to meet national effluent discharge standards. This requirement emphasizes the quality of the treated water, ensuring it is safe





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	for discharge into the e holding and treatment.	nvironment, rather than	n a specific time period	for
	The key legal instrumer Pollution Control (1999 Drainage and Wastewa specific limits for variou must adhere to to preve health.	nts governing this are th ) and Sub-Decree No. 23 ter Treatment System (2 Is wastewater paramete ent environmental cont	e Sub-Decree No. 27 on 35 on the Management 2017). These regulations ers, which healthcare far amination and protect p	Water of s set cilities oublic
	The Ministry of Environ wastewater must comp various parameters (e.g types of water bodies ( sewers). Healthcare fac subject to these standa protect public health.	ment (MoE) sets Effluer ly with. These standard g., pH, BOD5, COD, TSS) protected public water a ilities, especially those v rds to prevent environn	nt Standards that treate s specify allowable limit for discharge into differ areas, public water area with high-risk waste, wo nental contamination ar	d s for ent s and uld be nd
What is the expected	A health center in Caml	oodia is designed to serv	ve a population of 8,000	to
patient volume and	12,000 people, with an optimal size of 10,000. It's expected to be accessible			
staff size?	within 10 km, or a 2-hour walk for the catchment area population, and			
	average 10 healthcare	staff.		
Are there any	Yes, hazardous and infectious materials do enter the wastewater system in			
hazardous or	health centers in Cambodia. This is a well-recognized challenge and a			
infectious materials	significant concern for p	bublic health and enviro	inmental protection.	
entering the	Please see the current of	sowerage situation in Ca	mbodia	
wastewater system?	nease see the <u>current sewerage situation in camboula</u>			
What is the current	Comprehensive wastewater treatment specifically for medical wastewater is			
wastewater	still an area with limitations. Many facilities may have onsite septic tanks, but			
infrastructure (if any)?	advanced treatment for	infectious waste is not	universally established.	
Are there space or site	Yes, there are definitely	space and site consti	raints when it comes t	0
constraints for	installing wastewater	treatment systems. T	heir limited land and	
installing treatment	existing building layouts often make it challenging to fit the larger,			
systems?	more traditional treatment systems that require considerable area for			
	components like pone	ds, tanks, and filtratio	n beds.	
Are there any	For rural health center,	the "pretreatment proc	cesses" for wastewater a	are
pretreatment	generally quite basic, fo	ocusing primarily on on-	site containment and	
processes already in	preliminary separation,	rather than advanced t	reatment stages.	
place?				
Do you have any	Both ranges and genera	al guidelines based on av	vailable information for	
further information	healthcare facilities in Cambodia context. Typical ranges for key parameters			
about the wastewater	in healthcare wastewater (HWW) in developing countries, which can serve as			
itself i.e. the typical	a design basis, along wi	th the Cambodian efflue	ent standards for compa	arison:
flows and loads at each				I
centre, that we could	Parameter	Typical HWW Range	Cambodia Ettluent	
use as a design basis.		(Developing Countries)	Standard (Public	
1	1 1	,	1	





			Water Area &	
			Sewer)	
	рН	6.0 - 9.0	6.0-9.0	
	BOD5	120 - 300 mg/L	<80 mg/L	
	COD	250 - 500 mg/L	<100 mg/L	
	TSS	150 - 250 mg/L	<80 mg/L	
	Total N	5 - 80 mg/L	<20 mg/L	
	Total P	0.2 - 13 mg/L	<6.0 mg/L	
	Fecal Coliforms	10 <sup>3</sup> -10 <sup>7</sup> MPN/100	(Standard typically	
		mL	very low or absent	
			for discharge)	
Does the area at the healthcare facility flood? How much?	Yes, Kampong Tralach I flooding results indicat • Lowland Flooding: I	District, Kampong Chhna e: Kampong Tralach Distric	ang Province is seasonal t, experiences seasonal	
	flooding, particularly in its lowland areas. This is often linked to the Tonle			
	Sap River and the wet season, which lasts from May to October.			
	• Flood Duration: Some areas near water bodies can be inundated for up to			
	seven months of the	e year, typically from Jul	y to January.	
	• Impact on Sanitation: Flooding can affect sanitation systems. For example,			
	some health centers using sealed concrete tanks may experience intrusion			
	Water Level Monito	ring: The Kampong Chb	e Idliks.	oont of
	Water Resources an prepare for potentia	d Meteorology monitor al heavy flooding.	s rainfall and river levels	to
	Vulnerable Districts	Residents of Kampong	Tralach District are advi	sed to
	be vigilant regarding	g river water levels due t	to the risk of flooding.	
Could the medical	Yes, in principle, it is po	ossible and often desiral	ole for medical wastewa	ter to
waste water be	be collected in tanks and transported (by truck or boat, depending on the			
collected in a tank and	location) to a centralize	ed facility in Phnom Pen	h for professional treatn	nent.
trucked/ taken by boat				
to Phnom Pehn to be				
treated professionally?				
Where is the current	The health center septi	c tank effluent is typica	lly discharged into the g	round
septic tank effluent	(via a soakaway or drai	nfield) for further natur	al filtration or, in many o	cases,
discharged? Into the	directly into nearby wa	terways.		
ground or into a	However, the reality pr	esent significant challer	nge - direct discharge int	0
waterway?	waterways is common due to poor design. lack of maintenance or			-
	insufficient land for pro and ponds.	oper soakaways. This dir	ectly pollutes canals, str	eams,
Is there any	Several government bo	dies, including the Mini	stry of Health (MoH), M	inistry
governance of the	of Public Works and Tra	ansport (MPWT), and M	linistry of Environment (	MoE),
current septic tanks?	share responsibility for	setting wastewater gui	delines and standards. S	ub-





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Who maintains them, how is this funded?	national administrations and health center staff are theoretically tasked with day-to-day oversight.
	While there is a recognized need and existing high-level governance frameworks for water and sanitation, the practical governance, maintenance, and funding of septic tanks in health centers face significant challenges due to limited resources, capacity gaps, and the absence of robust, formalized systems for on-site wastewater management and fecal sludge management.
What resources are there for effluent quality testing? Temp, pH, TSS, BOD5, COD, nitrate, phosphorous, e. coli?	There are several resources available for effluent quality testing, including the parameters listed (Temp, pH, TSS, BOD5, COD, nitrate, phosphorous, e. coli). the types of resources and considerations: <b>1. Academic and Research Institutions (Phnom Penh-based):</b>
	<ul> <li>MoE Laboratory: The MoE operates a laboratory where effluent samples, collected during their monitoring and inspection activities, are analyzed.</li> <li>O Effluent Standards: The key legal instrument is the Sub-Decree No. 27 ANKr/BK on Water Pollution Control (amended by Sub-Decree No. 103 ANKr/BK dated June 29, 2021). This sub-decree specifies the allowable limits for various pollutant substances in effluent discharged to different categories of water bodies (e.g., protected public water areas, public water areas and sewers, or central wastewater treatment plants). Parameters covered by the Sub-Decree include:         <ul> <li>Temperature (Temp)</li> <li>pH</li> <li>Total Suspended Solids (TSS)</li> <li>BOD5 (5 days at 20°C)</li> <li>COD (Cr207-2)</li> <li>Nitrate (NO3-) as N</li> <li>Phosphate (PO4-3)</li> <li>Many other chemical and heavy metal parameters.</li> </ul> </li> <li>Institute of Technology of Cambodia (ITC): ITC has dedicated laboratories that conduct environmental analysis.</li> <li>Environmental Observation Lab: Focuses on physicochemical water quality testing and field investigations, including basic water quality measurements (pH, temperature, turbidity).</li> <li>Environmental Chemistry Lab: Equipped to detect and evaluate chemical contaminants, including major ions (which would include nitrate and phosphate), and total organic carbon (related to BOD/COD).</li> </ul>
	o Water Environment Lab: Another relevant lab at ITC.



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<ul> <li>Contact: Asst. Prof. Dr. PENG Chanthol (<u>peng@itc.edu.kh</u> / <u>pengchanthol@gmail.com</u>, Phone: 089 994 291) appears to be a key contact for these labs.</li> </ul>
<ul> <li>Institut Pasteur du Cambodge (IPC) - Laboratory for Environment and Food Safety (LEFS):</li> </ul>
<ul> <li>LEFS is an accredited laboratory (ISO/IEC 17025:2017) and offers microbiological and physico-chemical controls of water. They explicitly list <b>E. coli</b> and other microbiological tests. They also conduct chemical testing relevant to water quality.</li> </ul>
o <b>Contact:</b> <u>Ima@pasteur-kh.org</u> , Phone: (+855) 11 777 195.
<ul> <li>2. Commercial/Private Laboratories (Phnom Penh and potentially regional):</li> <li>RIKREAY Water Testing Lab (Water For Cambodia): This lab provides a range of water testing services, including many of your specified parameters as single tests: <ul> <li>pH, TSS, Nitrate, Phosphate.</li> <li>They also offer E. Coli &amp; Total Coliform bacterial tests.</li> <li>While they list "Complete Water Test," it's best to confirm if it includes BOD5 and COD, as these are typically more specialized.</li> <li>Contact: Phone: +855 (0)97 714 8811, Email: waterlab@waterforcambodia.org.</li> </ul> </li> </ul>
<ul> <li>ALS Global (Water Industry Solutions): ALS is a large, international analytical services provider with operations in Cambodia. They specialize in water and wastewater testing to meet effluent limits and regulatory requirements. They would almost certainly offer all the parameters you listed (Temp, pH, TSS, BOD5, COD, nitrate, phosphorous, e. coli). They also offer sampling services.</li> <li>Contact: You'd need to contact their Cambodia office or regional hub for specific service details and quotes.</li> <li>Wil-Kh (Water Innovation Lab): Based in Kampong Cham, this lab also offers water quality testing services, including chemical and microbiological parameters. They explicitly list "Water quality testing" and "E. Coli &amp; Total Coliform" testing.</li> <li>Contact: lab@wil-kh.com, Phone: +855-16-668 900. (Note: Saturday does not accept E. coli &amp; Total Coliforms testing).</li> <li>Eurofins MTS Phnom Penh: Primarily focuses on textile and consumer product testing, but given their international nature and range of services, it's worth inquiring if they have environmental or wastewater testing capabilities.</li> </ul>
3. Equipment Suppliers for On-site Testing (Less comprehensive but good for basic checks):





•	Watermech Technologies Co., Ltd.: This company supplies water
	testing equipment in Phnom Penh. While not a lab for
	comprehensive analysis, they could potentially provide simpler,
	portable kits or meters for basic parameters like pH and temperature
	for rapid on-site checks. This is more for screening than for regulatory
	compliance.

